

A top-down photograph of a man and a woman sitting at a table eating sushi. The woman is on the left, wearing a green dress, and the man is on the right, wearing a light blue shirt. They are both holding chopsticks and eating pieces of sushi. The table is dark, and there are plates of sushi and small bowls of sauce visible. A red horizontal line runs across the middle of the image, separating the photo from the text below.

CHOICES

Which new adventures and opportunities opened up when you chose your partner?

We often think of decisions as limiting, but with each choice we make, more paths can open up before us.

For this date, you have two decisions to make together, and each choice will shape your time together. Which direction will you go? What style of activity will you pursue? You can let fate decide by choosing randomly, or you can intentionally pick your direction and style. For each phase, we offer suggestions of where to go and what to do. We love this date because it can fit into a quick evening or be stretched into a weekend retreat. And you can use it over and over again!



PRINTABLES:

Choices cards (pages 6-7)



PHASE 1: *Preparation*

Using the choice cards on pages 6-7,
**randomly or intentionally select the direction you'll
travel and the style of activity for your date.**

You can research and reserve where you'll go ahead of time or let your path unveil activities and opportunities along the way.

DIRECTIONS: north, south, east, west

ACTIVITY STYLES: casual, classy, adventurous, romantic

Feel free to add your own choices to the mix! For example, if you enjoy scuba diving, snorkeling, or exploring caves, you can include the direction "Down." If you'd like to try a scenic flight or hot air balloon ride, consider adding "Up." Other styles of activity can include seasonal/holiday, double-date, city, country, artistic, etc.

PS: *Think about why you're thankful you chose your partner over all the other people who have crossed your path.*

PHASE 2: *Play Together*

Playing is a proven way to boost your mood. **It's also a fun way to connect with your partner.**

Based on your selected date style, choose one (or more!) activities that bring you together. Consider the options below or find one that's better!

CASUAL: Build a bonfire and have happy hour, hang a hammock and read side-by-side, or work on a project or puzzle you both enjoy.

CLASSY: Visit an art gallery, tour a local vineyard or distillery, attend a show.

ADVENTUROUS: Complete an aerial obstacle course, go indoor skydiving, hike a new trail.

ROMANTIC: Get a couple's massage, find and enjoy a secluded hot spring, take a couple's dancing lesson.




PHASE 3:

Eat Together

For the next phase of this date, **focus on your partner over a meal.**

Choose a restaurant or prepare a meal together that relates to your chosen date style.



Throughout the meal, share **three ways that you are grateful you chose your partner.**



CASUAL: We favor the local diner or barbeque joint for this style. Keep it comfortable and low budget.

CLASSY: Step up your game, and dress to the nines. Pick a restaurant that specializes in a particular type of cuisine, and as much as you are able, treat yourself to the “finer things” for this meal.

ADVENTUROUS: We dare you to order an exotic food you haven’t yet eaten, or pick one item off the menu that you wouldn’t usually try and share the dish.

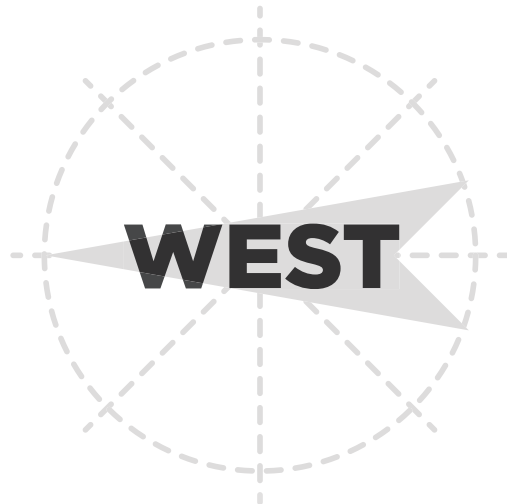
ROMANTIC: For this phase, what is romantic truly depends on you as a couple. Ask yourselves the question, “What environment sparks the attraction between us?” Is it a candlelit dinner, a five-course gourmet meal, or making rounds at food trucks? Ask your partner what defines a romantic meal in his/her eyes, and make it happen!

CASUAL

CLASSY

ADVENTUROUS

ROMANTIC





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